

# KJØREPLAN NM 2017 - LØRDAG 16. SEPTEMBER

NB! Kjøreplan kan bli endret, følg derfor med! Oppdatert 15.09.2017 kl 22:30

**VED 6 ELLER FÆRRE UTØVERE I EN KLASSE, VIL UTØVERNE GÅ DIREKTE TIL FINALEN. ALTSÅ INGEN FORBEDØMMING**

<b>KL 10:00 - START - ÅPNINGSSEREMONI</b>	
1	Womens Fitness Åpen klasse - Runde 3 Friprogram
2	Womens Fitness Åpen klasse - Runde 4 Kvartvendinger
3	<i>Premieutdeling - Womens Fitness</i>
4	Womens Wellness Fitness Åpen klasse - finale
5	<i>Premieutdeling - Womens Wellness Fitness</i>
6	Eliminerings runde: Mens Physique -173 cm
7	Eliminerings runde: Mens Physique -179 cm
9	Mens Physique -173 cm - Symmetri
10	Mens Physique -179 cm - Symmetri
11	Mens Physique -173 cm - Symmetri - finale
12	Mens Physique -179 cm - Symmetri - finale
13	<i>Premieutdeling - Mens Physique -173 cm</i>
14	<i>Premieutdeling - Mens Physique -179 cm</i>
15	Mens Physique -182 cm - Symmetri
16	Mens Physique +182 cm - Symmetri
17	Mens Physique -182 cm - Symmetri - finale
18	Mens Physique +182 cm - Symmetri - finale
19	<i>Premieutdeling - Mens Physique -182 cm</i>
20	<i>Premieutdeling - Mens Physique +182 cm</i>
<b>30 MIN PAUSE</b>	
22	Mens Physique Junior -178 cm - Symmetri
23	Mens Physique Junior +178 cm - Symmetri
24	Mens Physique Master - Symmetri
25	Mens Physique Junior -178 cm - Symmetri - finale
26	Mens Physique Junior +178 cm - Symmetri - finale
27	Mens Physique Master - Symmetri - finale
28	<i>Premieutdeling - Mens Physique Junior -178 cm</i>
29	<i>Premieutdeling - Mens Physique Junior +178 cm</i>
30	<i>Premieutdeling - Mens Physique Master</i>
31	Mens Physique Overall
32	<i>Premieutdeling - Mens Physique Overall</i>
<b>1 TIME PAUSE</b>	
33	OPPVISNING
35	Eliminerings runde: Womens Bikini Fitness -166 cm
37	Eliminerings runde: Womens Bikini Fitness +169 cm
38	Womens Bikini Fitness -160cm - Runde 1
39	Womens Bikini Fitness -162 cm - Runde 1
40	Womens Bikini Fitness -160 cm - Runde 2 - finale
41	Womens Bikini Fitness -162 cm - Runde 2 - finale
42	<i>Premieutdeling - Womens Bikini Fitness -160 cm</i>
43	<i>Premieutdeling - Womens Bikini Fitness -162 cm</i>
44	Womens Bikini Fitness -166 cm - Runde 1
45	Womens Bikini Fitness -169 cm - Runde 1
46	Womens Bikini Fitness +169cm - Runde 1
47	Womens Bikini Fitness -166 cm - Runde 2 finale
48	Womens Bikini Fitness -169 cm - Runde 2 - finale
49	Womens Bikini Fitness +169 cm - Runde 2 - finale
50	<i>Premieutdeling - Womens Bikini Fitness -166 cm</i>
51	<i>Premieutdeling - Womens Bikini Fitness -169 cm</i>
52	<i>Premieutdeling - Womens Bikini Fitness +169 cm</i>
<b>30 MIN PAUSE</b>	
53	Eliminerings runde Womens Bikini Fitness Master Åpen klasse
54	Womens Bikini Fitness Junior -166 cm - Runde 1
55	Womens Bikini Fitness Junior +166 cm - Runde 1
56	Womens Bikini Fitness Master Åpen klasse - Runde 1
57	Womens Bikini Fitness Junior -166 cm - Runde 2 - finale
58	Womens Bikini Fitness Junior +166 cm - Runde 2 - finale
59	Womens Bikini Fitness Master Åpen klasse - Runde 2 - finale
60	<i>Premieutdeling - Womens Bikini Fitness Junior -166 cm</i>
61	<i>Premieutdeling - Womens Bikini Fitness Junior +166 cm</i>
62	<i>Premieutdeling - Womens Bikini Fitness Master</i>
63	Women's Bikini Fitness Overall
64	<i>Award ceremony - Bikini Fitness Overall</i>
65	<i>*LANDSLAG VM / WILDCARD UTTAK - ALLE KATEGORIER</i>
<b>KONKURRANSE FERDIG</b>	

# KJØREPLAN NM 2017 - SØNDAG 17. SEPTEMBER

NB! Kjøreplan kan bli endret, følg derfor med! Oppdatert 15.09.2017 kl 22:30

**VED 6 ELLER FÆRRE UTØVERE I EN KLASSE, VIL UTØVERNE GÅ DIREKTE TIL FINALEN. ALTSÅ INGEN FORBEDØMMING!**

## KL 10:00 - START - ÅPNINGSSEREMONI

1	Womens Physique Åpen klasse - Friposering og Symmetri - finale
2	<i>Premieutdeling - Womens Physique Åpen klasse</i>
3	Mens Classic Bodybuilding -180 cm - Runde 1 Symmetri
4	Mens Classic Bodybuilding +180 cm - Runde 1 Symmetri
5	Mens Classic Bodybuilding -180 cm - Friposering & Symmetri - finale
6	Mens Classic Bodybuilding +180 cm - Friposering & Symmetri - finale
7	Mens Classic Bodybuilding Master Åpen klasse - Friposering & Symmetri - finale
8	<i>Premieutdeling - Mens Classic Bodybuilding -180 cm</i>
9	<i>Premieutdeling - Mens Classic Bodybuilding +180 cm</i>
10	<i>Premieutdeling - Mens Classic Bodybuilding Master</i>
11	Mens Classic Bodybuilding Overall
12	<i>Premieutdeling - Mens Classic Bodybuilding Overall</i>
13	Womens BodyFitness -163 cm - Runde 1
15	Womens BodyFitness +168 cm - Runde 1
16	Womens BodyFitness -163 cm - Runde 2 - finale
17	Womens BodyFitness -168 cm - Runde 2 - finale
18	Womens BodyFitness +168 cm - Runde 2 - finale
19	<i>Premieutdeling – Womens BodyFitness -163 cm</i>
20	<i>Premieutdeling – Womens BodyFitness -168 cm</i>
21	<i>Premieutdeling – Womens BodyFitness +168 cm</i>
<b>30 MIN PAUSE</b>	
22	Womans BodyFitness Junior Åpen klasse - Runde 2 - finale
23	Womans BodyFitness Master Åpen klasse - Runde 1
24	Womans BodyFitness Master Åpen klasse - Runde 2 - finale
25	<i>Premieutdeling – Womens BodyFitness Junior Åpen klasse</i>
26	<i>Premieutdeling – Womens BodyFitness Master Åpen klasse</i>
27	Womens BodyFitness Overall
28	<i>Premieutdeling – Womens BodyFitness Overall</i>
29	Mixed Pairs - Friposering og Symmetri - finale
30	<i>Premieutdeling Mixed Pairs</i>
<b>1 TIME PAUSE</b>	
31	OPPVISNING
33	Mens Bodybuilding -80 kg - Friposering & Symmetri - finale
34	Mens Bodybuilding +80 kg - Friposering & Symmetri - finale
35	Mens Bodybuilding Junior Åpen klasse - Friposering & Symmetri - finale
36	Mens Bodybuilding Master Åpen klasse - Friposering & Symmetri - finale
37	<i>Premieutdeling - Mens Bodybuilding -80 kg</i>
38	<i>Premieutdeling - Mens Bodybuilding +80 kg</i>
39	<i>Premieutdeling - Mens Bodybuilding Junior Åpen klasse</i>
40	<i>Premieutdeling - Mens Bodybuilding Master Åpen klasse</i>
41	Mens Bodybuilding Overall
42	<i>Premieutdeling - Mens Bodybuilding Overall</i>
43	<i>*LANDSLAG VM / WILDCARD UTTAK - ALLE KATEGORIER</i>
<b>KONKURRANSE FERDIG</b>	