

KJØREPLAN Gardemoen Open 2018 - Lørdag 15. september

NBI Kjøreplan kan bli endret, følg derfor med! Oppdatert 05.09.2018 kl 18.12

VED 6 ELLER FÆRRE UTØVERE I EN KLASSE, VIL UTØVERNE GÅ DIREKTE TIL FINALEN. ALTSÅ INGEN FORBEDØMMING!

KL 09:00 - START

1	Womens Fitness Åpen klasse - Runde 3 Friprogram
2	Mens Bodybuilding Junior Åpen klasse - Friposering & Symmetri - finale
3	Mens Bodybuilding Master Åpen klasse - Friposering & Symmetri - finale
4	Mens Bodybuilding -85kg - Friposering & Symmetri - finale
5	Womens Fitness Åpen klasse - Runde 4 Kvartvendinger
6	<i>Premieutdeling - Womens Fitness</i>
7	<i>Premieutdeling - Mens Bodybuilding Junior Åpen klasse</i>
8	<i>Premieutdeling - Mens Bodybuilding Master Åpen klasse</i>
9	<i>Premieutdeling - Mens Bodybuilding -85kg</i>
10	<i>Overall Bodybuilding</i>
11	<i>Premieutdeling - Overall Bodybuilding</i>
11	Mens Classic Bodybuilding Junior Åpen klasse - Friposering & Symmetri - finale
12	Mens Classic Bodybuilding Master Åpen klasse - Friposering & Symmetri - finale
13	Womens Wellness Fitness Åpen klasse - Runde 1
14	Mens Classic Bodybuilding -180cm - Friposering & Symmetri - finale
15	Mens Classic Bodybuilding +180cm - Runde 1 Symmetri
16	Mens Classic Bodybuilding +180cm - Friposering & Symmetri - finale
17	Womens Wellness Fitness Åpen klasse - finale
17	<i>Premieutdeling - Mens Classic Bodybuilding Junior Åpen</i>
18	<i>Premieutdeling - Mens Classic Bodybuilding Master Åpen</i>
19	<i>Premieutdeling - Mens Classic Bodybuilding -180cm</i>
19	<i>Premieutdeling - Mens Classic Bodybuilding +180cm</i>
21	<i>Overall Classic Bodybuilding</i>
20	<i>Premieutdeling - Womens Wellness Fitness</i>
	<i>Premieutdeling - Overall Classic Bodybuilding</i>

45 MIN PAUSE

21	Womans BodyFitness Junior Åpen klasse - Runde 1
22	Womans BodyFitness Master Åpen klasse - Runde 2 - finale
23	Womans BodyFitness Junior Åpen klasse - Runde 2 - finale
24	<i>Premieutdeling - Womens BodyFitness Junior Åpen klasse</i>
25	<i>Premieutdeling - Womens BodyFitness Master Åpen klasse</i>
26	Womens BodyFitness -168cm - Runde 1
27	Womens BodyFitness +168cm - Runde 1
28	Womens BodyFitness -168cm - Runde 2 - finale
29	Womens BodyFitness +168cm - Runde 2 - finale
30	<i>Premieutdeling - Womens BodyFitness -168cm</i>
31	<i>Premieutdeling - Womens BodyFitness +168cm</i>
	<i>Overall BodyFitness</i>
	<i>Premieutdeling - Overall BodyFitness</i>
32	Eliminerings runde: Womens Bikini Fitness -162cm
33	Eliminerings runde: Womens Bikini Fitness +169cm
34	Womens Bikini Fitness Junior -166 cm - Runde 1
35	Womens Bikini Fitness Junior +166 cm - Runde 1
	Womens Bikini Fitness Junior -166 cm - Runde 2 - finale
	Womens Bikini Fitness Junior +166 cm - Runde 2 - finale
36	Womens Bikini Fitness Master Åpen klasse - Runde 1
	Womens Bikini Fitness Master Åpen klasse - Runde 2 - finale
37	<i>Premieutdeling - Womens Bikini Fitness Junior -166cm</i>
38	<i>Premieutdeling - Womens Bikini Fitness Junior +166cm</i>
39	<i>Premieutdeling - Womens Bikini Fitness Master</i>
40	Womens Bikini Fitness -162cm - Runde 1
41	Womens Bikini Fitness -166cm - Runde 1
42	Womens Bikini Fitness -169cm - Runde 1
43	Womens Bikini Fitness +169cm - Runde 1
44	Womens Bikini Fitness -162cm - Runde 2 - finale
45	Womens Bikini Fitness -166cm - Runde 2 - finale
46	Womens Bikini Fitness -169cm - Runde 2 - finale
47	Womens Bikini Fitness +169cm - Runde 2 - finale
48	<i>Premieutdeling - Womens Bikini Fitness -162cm</i>
49	<i>Premieutdeling - Womens Bikini Fitness -166cm</i>
50	<i>Premieutdeling - Womens Bikini Fitness -169cm</i>
51	<i>Premieutdeling - Womens Bikini Fitness +169cm</i>
	<i>Overall Womens Bikini Fitness</i>
	<i>Premieutdeling - Overall Womens Bikini Fitness</i>

20 MIN PAUSE

52	Eliminerings runde: Mens Physique -173cm
53	Eliminerings runde: Mens Physique +182cm
54	Mens Physique Junior -178cm - Symmetri
55	Mens Physique Junior +178cm - Symmetri
56	Mens Physique Master Åpen - Symmetri
57	Mens Physique Junior -178cm - Symmetri - finale
58	Mens Physique Junior +178cm - Symmetri - finale
59	Mens Physique Master Åpen - Symmetri - finale
60	<i>Premieutdeling - Mens Physique Junior -178cm</i>
61	<i>Premieutdeling - Mens Physique Junior +178cm</i>
62	<i>Premieutdeling - Mens Physique Master Åpen</i>
63	Mens Physique -173cm - Symmetri
64	Mens Physique -179cm - Symmetri
65	Mens Physique -182 cm - Symmetri
66	Mens Physique +182cm - Symmetri
67	Mens Physique -173cm - Symmetri - finale
68	Mens Physique -179cm - Symmetri - finale
69	Mens Physique -182cm - Symmetri - finale
70	Mens Physique +182cm - Symmetri - finale
71	<i>Premieutdeling - Mens Physique -173cm</i>
72	<i>Premieutdeling - Mens Physique -179cm</i>
73	<i>Premieutdeling - Mens Physique -182cm</i>
74	<i>Premieutdeling - Mens Physique +182cm</i>
	<i>Overall Mens Physique</i>
	<i>Premieutdeling - Overall Mens Physique</i>

KONKURRANSE FERDIG